



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

YMCA of the Foothills Winter Camp						
Winter Camp Week 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
7:30-8:30	Welcome Assembly Rules & Introductions	Group Time	Group Time	Group Time	HAPPY HOLIDAYS	
8:30-9:00	CORE: Game	OUTDOOR ACTIVITY	OUTDOOR ACTIVITY			
9:00-10:00	Elf puppet	CORE:	GYM	GYM		
11:00-12:00	GYM	GYM	Onsite Adventure Snowman canvas Group1: 11-11:30am Group2: 11:30-12pm	Catapult Stem Challenge		
12:00-12:45	LUNCH	LUNCH	LUNCH	LUNCH		
1:00-2:00	OUTDOOR ACTIVITY	Exploding Snowman Bags	SWIM	Play dough		
2:30-3:00	CORE: Ornaments	OUTDOOR ACTIVITY	Paper Plate Christmas Tree	OUTDOOR ACTIVITY		
3:00-4:00	Four Square compition	CORE: Game	OUTDOOR ACTIVITY	Fork painting		
4:00-5:00	Bird Kites	Menorah craft	Fuse beading	pom pom cup shooter		
5:00-6:00	Free Choice	Free Choice	Free Choice	Free Choice		
Special Reminders	Complete Online Camp Doc prior to Monday! Sack lunch and snacks, face covering, closed-toed shoes, reusable water bottle, sunblock	Bring a sack lunch & snacks, face covering, closed-toed shoes, reusable water bottle, sunblock	Bring a sack lunch & snacks, face covering, closed-toed shoes, reusable water bottle, sunblock, swim clothes, and towel	Bring a sack lunch & snacks, face covering, closed-toed shoes, reusable water bottle, sunblock		
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