



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

BASKETBALL SPECIALTY CLINIC

SESSION 1 July 17-21

TIMES	MONDAY 7/17	TUESDAY 7/18	WEDNESDAY 7/19	THURSDAY 7/20	FRIDAY 7/21	
9:00am- 9:30am	Group Time	Group Time	Group Time	Group Time	Group Time	
9:30am -10:00am		Soccer Skill Development: Dribbling, passing and shooting		Basketball Shooting		Soccer Skill Development Defense: (1 on 1 and zone)
10:00 am-10:30am	Basketball Dribbling & Passing		Snack		Basketball Shooting/Passing	
10:30am-11:00am	Snack					
11:00am-11:30am	Basketball Shooting	Snack	Basketball Skill Development (Dribbling and Passing)	Snack	Basketball Game Time	
11:30am-12:00pm	Lunch					Lunch
12:00pm-12:30pm		Basketball Skill Development (Shooting- Form/ Technique)	Soccer Game Time	Lunch	Soccer Game Time	
12:30pm-1:00pm						
1:00pm-1:30pm	Swimming					Swimming
1:30pm-2:00pm		Game Time				
2:00pm-2:30pm	Game Time	Swimming	Swimming	Swimming		
2:30pm-3:00pm						
Special	• Pack Lunch &	• Pack Lunch &	• Pack Lunch &	• Pack Lunch &	• Pack Lunch &	



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BASKETBALL SPECIALTY CLINIC

SESSION 1 July 16-22

TIMES	MONDAY 7/30	TUESDAY 7/31	WEDNESDAY 8/01	THURSDAY 8/02	FRIDAY 8/03		
9:00am- 9:30am	Group Time	Group Time	Group Time	Group Time	Group Time		
9:30am -10:00am		Soccer Skill Development: Dribbling, passing and shooting Snack		Basketball Shooting		Soccer Skill Development Defense: (1 on 1 and zone) Snack	Basketball Shooting/Passing
10:00 am-10:30am	Basketball Dribbling & Passing		Basketball Skill Development (Dribbling and Passing) Lunch		Basketball Game Time		
10:30am-11:00am	Snack						
11:00am-11:30am	Basketball Shooting	Swimming	Swimming	Swimming			
11:30am-12:00pm	Lunch				Soccer Game Time	Soccer Game Time	Pizza Party and Movies
12:00pm-12:30pm		Basketball Skill Development (Shooting- Form/ Technique)	Swimming	Swimming			
12:30pm-1:00pm	Game Time				Swimming	Swimming	
1:00pm-1:30pm		Game Time	Swimming	Swimming			
1:30pm-2:00pm	Game Time				Swimming	Swimming	
2:00pm-2:30pm		Game Time	Swimming	Swimming			
2:30pm-3:00pm	Game Time				Swimming	Swimming	
Special Reminders		• Pack Lunch & Snacks	• Pack Lunch & Snacks	• Pack Lunch & Snacks			• Pack Lunch & Snacks