



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# SHOW US YOUR MOVES



## Preschool Enrichment Ballet VERDUGO HILLS FAMILY YMCA

At the Y, we provide a nurturing environment where children can learn to appreciate dance as a lifelong activity for self-expression, strength, agility, creativity, and balance. Our ballet class is designed to motivate your child to be active, build confidence, and develop friendships.

- Explore the joys and benefits of music and movement
- Learn terms, feet and arm placement, dance etiquette, and technique
- Ballet Attire Required (leotard and ballet shoes)
- Ages 3-5

**WHEN:** Session 2 Wednesdays Feb 20th—March 27th

**TIME:** 3:30-4:15 PM

**LOCATION:** VERDUGO HILLS FAMILY YMCA  
6840 Foothill Blvd  
Tujunga CA 91042

**COST:** \$54 for members and \$76 for Non Members

**CONTACT:** Ryan Serna [Rserna@ymcafoothills.org](mailto:Rserna@ymcafoothills.org) 818 583 4739

**WEBSITE:** <https://www.ymcafoothills.org/preschool.html>

The Y is committed to improving the Wellbeing of everyone in our community. Join us by supporting the Y today at

[www.ymcafoothills.org](http://www.ymcafoothills.org)



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YMCA of the Foothills is a 501c3 charity. Activities and participation for all is made possible by the contributions of our donors. Please consider a contribution to save and change lives today.