

USC Verdugo Hills Hospital, in partnership  
with YMCA of the Foothills, presents:

# Doc Talks

## How to Protect Yourself From Sinus Infections

*Presented by Elisabeth H. Ference, MD*

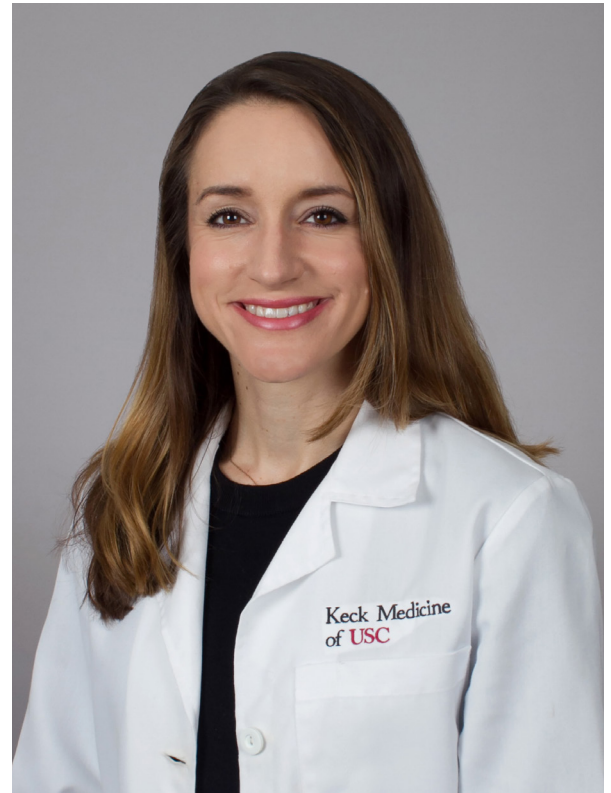
This discussion will address the causes,  
symptoms and treatment of sinus infections

**Wednesday, Jan. 16, 2019**  
**10 – 11 a.m.**

**Verdugo Hills Family YMCA**  
6840 Foothill Blvd.  
Tujunga, CA 91042

### Registration

Call (818) 790-0123 or visit [uscvhh.org/doc-talks](http://uscvhh.org/doc-talks)  
Refreshments provided (RSVP required)



Dr. Ference is an assistant professor of clinical otolaryngology – head and neck surgery. She treats all diseases of the ears, nose and throat and specializes in sinus and skull base disorders. She has a special research and clinical interest in minimally invasive sinus procedures, including balloon sinuplasty, steroid-eluting implant placement, inferior turbinate reduction, eustachian tube dilation and nasal valve repair. She has published extensively on evidence-based antibiotic usage, balloon sinuplasty and outcomes of sinus surgery. She is dedicated to improving the quality of life of both adults and pediatric patients with sinus problems and allergies.

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