



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

BE HEALTHY BE TOGETHER

G.O.N.E. Group Outdoor Nature Experience Spring 2019 YMCA OF THE FOOTHILLS

Join our hikes and connect with new friends while improving your Wellbeing with these ongoing outdoor adventures. Each hike is a chance to explore one of the many beautiful hikes Los Angeles has to offer, RSVPs are required to the leaders listed below.

DATE	TIME	HIKE/WALK/EVENT NAME	DISTANCE	LEADER	RSVP REQUIRED
03/31/19	8:30am	Trail Canyon Waterfall Hike	4 miles RT	Anita	anitafisher1960@gmail.com
04/06/19	8:00am	Strawberry Peak Hike	7miles RT	Eric	ebreck@c-logic.net
04/20/19	8:00am	Historic Rubio Canyon Hike	2 miles RT	Claus	clausboettger@sbcglobal.net
04/28/19		Urban Hike		Chris	ChrisWFO@aol.com
05/05/19	8:00am	Hoyt Mt. Hike	6 miles RT	Joji	jldejesus@yahoo.com
05/11/19	8:30am	Backbone Trail Hike	10 miles RT	Mike	mjhgrubb@yahoo.com
05/19/19	7'30am	Hidden Terraces to Blue Bug Hike	5 to 7miles RT	Marian	hotpepperstudio@gmail.com
05/28/19	6:00pm	Sunshine Dr. Hike	6 miles RT	Chris	ChirsWFO@aol.com
06/02/19	8:00am	Ben Overturff Trail Hike	7 miles RT	Yumi	yumihahaha@gmail.com
06/12/19	8:30am	Bridge to Nowhere Hike	9 miles RT	Mike	mjhgrubb@yahoo.com

Connect with Rosanne at Rosanne@ymcafoothills.org for more information

The Y is committed to improving the Wellbeing of everyone in our community. Join us by supporting the Y today at

www.ymcafoothills.org



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YMCA of the Foothills is a 501c3 charity. Activities and participation for all is made possible by the contributions of our donors. Please consider a contribution to save and change lives today.