

**USC Verdugo Hills Hospital, in partnership  
with YMCA of the Foothills, presents:**

# **Doc Talks**

## **Preventing Heart Disease**

*Presented by Sanjay Sharma, MD*

This discussion will address the causes of heart disease and ways to prevent it.

**Wednesday, Feb. 13, 2019  
12 – 1 p.m.**

**Crescenta Cañada Family YMCA**  
1930 Foothill Blvd.  
La Cañada Flintridge, CA 91042

### **Registration**

Call (818) 790-0123 or visit [uscvhh.org/doc-talks](http://uscvhh.org/doc-talks)  
Lunch provided (RSVP required)



Dr. Sharma is a Cardiovascular Disease (cardiology) Specialist in Glendale, California. He graduated with honors from Loma Linda University School of Medicine in 2001. Having more than 18 years of diverse experience in cardiology and internal medicine, Dr. Sanjay Sharma is affiliated with USC Verdugo Hills Hospital, among others.

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