



**SAFE SWIMMERS
CONFIDENT KIDS**



Our team is a year round competitive swim team offering high quality professional coaching and technique instruction for all ages and abilities. The goal of our team is to provide every member an opportunity to improve swimming skills and achieve success at his or her level of ability, from novice to international competitor.

All of our coaches, as members of the American Swimming Coaches Association, have access to the most comprehensive training and certification program for youth coaches of any sport in the United States. They provide assurance that the time children spend swimming will be quality time.

Crescenta Cañada Family YMCA
Contact: kgarcia@ymcafoothills.org
818-583 -4741 ext 281
ymcafoothills.org/dragons-swim-team



SCHEDULE AND PRICES

Red Dragons

M/W 3:55-4:35, Fri 3:30-4:15

Location: Crescenta Cañada Family YMCA (CCY)

Price: \$135 members

\$215 program participants (session based)

Red Dragons

M/W 7:45-8:30, Fri 3:30-4:15

Location: Crescenta Cañada Family YMCA (CCY)

Price: \$135 members

\$215 program participants (session based)

Black Dragons

T/Th 7:45-8:30, Fri 3:30-4:15

Location: Crescenta Cañada Family YMCA (CCY)

Price: \$135 members

\$215 program participants (session based)

Champs

M/W/F 4:15-5:45 @VHY

Members Only: \$110 monthly

Juniors:

M/Tue/Wed/Th 4:30-6:30

M/W 3:45-4:30 Dry land-optional @ CCY

Members Only: \$130 monthly

Seniors:

M/Tu/Wed/Th/F 3:45-4:30 Dry land

M/Tu/Wed/Th/F 4:30-6:30 Pool @ CCY

Members only: \$150 monthly