



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

YMCA of the Foothills Spring Camp

Spring Camp	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
7:30-8:30	Family Group Time	Family Group Time	Family Group Time	Family Group Time	Family Group Time	
8:30-9:00	Welcome Assembly Rules & Introductions	Family Group Time	Family Group Time	Family Group Time	Family Group Time	
9:00-10:00	Outdoor activity	Maracas	Swimming 11:00am - 1PM LUNCH Gym Time Pretzel Bunny Treats	Slime time	Camper's vs counselor's Dodgeball	
11:00-12:00	Gym	Gym		LUNCH	LUNCH	
12:00-1:00	LUNCH	LUNCH	On-site adventure Spring Time Flower Pots	Popicle kite	Exploding bags	
2:00-2:30	Kindness Flower	On-site adventure Spring Time Flower Pots		Lollipop Bunnies	stem marshmallow building	movie
2:30-3:00	Soccer Game					
3:00-4:00	Bunny art with chalk pastels	Counselors choice	Counselors choice	Counselor choice		
4:00-5:00	Counselors choice	Counselors choice	Counselors choice	Counselor choice		
5:00-6:00	Free Choice	Free Choice	Free Choice	Free Choice	Free choice	
Special Reminders	Complete Online Camp Doc prior to Monday! Sack lunch and snacks, closed-toed shoes, reusable water bottle, sunblock NO NUTS	Bring a sack lunch & snacks, closed-toed shoes, reusable water bottle, sunblock. NO NUTS	Bring a sack lunch & snacks, closed-toed shoes, reusable water bottle, sunblock (Wear a bathing suit & pack a towel) NO NUTS	Bring a sack lunch & snacks, closed-toed shoes, reusable water bottle, sunblock. NO NUTS	Bring a sack lunch & snacks, closed-toed shoes, reusable water bottle, sunblock. NO NUTS	
Contact: Janette Ruiz Jruiz@ymcafoothills.org			YMCAfoothills.org			
Camp Phone: (818) 583-4727						