



Crescenta-Cañada Family YMCA Pool Schedule

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Lap Swim 5:00am – 7:00am – 2 lanes 7:00am – 3:00PM – 5 lanes 3:00pm – 3:50pm – 3 lanes 4:00pm – 7:00pm - CLOSED 7:00pm – 7:45pm – 2 lanes	Lap Swim 5:00am – 7:00am – 5 lanes 7:00am – 3:00PM – 5 lanes 3:00pm – 3:50pm – 3 lanes 4:00pm – 7:00pm - CLOSED 7:00pm – 7:45pm – 2 lanes	Lap Swim 5:00am – 7:00am – 2 lanes 7:00am – 3:00PM – 5 lanes 3:00pm – 3:50pm – 3 lanes 4:00pm – 7:45pm - CLOSED	Lap Swim 5:00am – 7:00am – 5 lanes 7:00am – 3:00PM – 5 lanes 3:00pm – 3:50pm – 3 lanes 4:00pm – 7:00pm - CLOSED 7:00pm – 7:45pm – 2 lanes	Lap Swim 5:00am – 7:00am – 2 lanes 7:00am – 3:00PM – 5 lanes 3:00pm – 3:50pm – 3 lanes 4:00pm – 7:00pm - CLOSED 7:00pm – 7:45pm – 2 lanes	Lap Swim 8:00am – 8:50am – 4 lanes 9:00am – 1:00pm - CLOSED 1:00p – 4:45pm – 3 lanes
Water Walking (lap Pool) 6:00am – 7:00am – 1 lane 7:00am – 3:00PM – 1 lane 3:00pm – 3:50pm – 1 lane 4:00pm – 7:45pm - CLOSED	Water Walking (lap Pool) 5:00am – 7:00am – 1 lane 7:00am – 3:00PM – 1 lane 3:00pm – 3:50pm – 1 lane 4:00pm – 7:45pm – CLOSED	Water Walking (lap Pool) 6:00am – 7:00am – 1 lane 7:00am – 3:00PM – 5 lane 3:00pm – 3:50pm – 3 lane 4:00pm – 7:45pm - CLOSED	Water Walking (lap Pool) 5:00am – 7:00am – 1 lane 7:00am – 3:00PM – 1 lane 3:00pm – 3:50pm – 1 lane 4:00pm – 7:45pm - CLOSED	Water Walking (lap Pool) 5:00am – 7:00am – 1 lane 7:00am – 3:00PM – 1 lane 3:00pm – 3:50pm – 1 lane 4:00pm – 7:45pm - closed	Water Walking (lap Pool) 8:00am – 8:50am – 1 lane 9:00am – 1:00pm - CLOSED 1:00pm – 4:45pm – 1 lane
Small Pool Water Walking 5:00am – 2:00pm 2:00pm – 8:00pm—CLOSED	Small Pool Water Walking and Parent/Toddler 5:00am – 7:00am 7:00a-9:00am - Closed 9:00am – 2:00pm 2:00pm – 8:00pm—CLOSED	Small Pool Water Walking 5:00am – 2:00pm 2:00pm – 8:00pm—CLOSED	Small Pool Water Walking and Parent/Toddler 5:00am – 7:00am 7:00am – 9:00am - Closed 9:00am – 2:00pm 2:00pm – 8:00pm—CLOSED	Small Pool Water Walking 5:00am – 7:00am 7:00am – 9:00am—CLOSED 9:00am – 2:00pm 2:00pm – 8:00pm - CLOSED	Small Pool Water Walking 8:00am – 8:50am 9:00am-3:00pm-CLOSED 3:00pm – 4:50pm
Small Pool Family Swim 7-7:45pm (Limited to 10 people) 2:00pm – 7:00pm—CLOSED	Small Pool Family Swim 7-7:45pm (Limited to 10 people) 2:00pm – 7:00pm—CLOSED	Small Pool Family Swim 12pm – 12:50pm 1pm – 1:50pm (Limited to 10 people) 2:00pm – 8:00pm—CLOSED	Small Pool Family Swim 7-7:45pm (Limited to 10 people) 2:00pm – 7:00pm—CLOSED	Small Pool Family Swim 12pm – 12:50pm 1pm – 1:50pm (Limited to 10 people) 2:00pm – 8:00pm—CLOSED	Small Pool Family Swim 8:00am – 5:00pm - CLOSED
Hot Tub 5:00am – 7:45pm	Hot Tub 5:00am – 7:45pm	Hot Tub 5:00am – 7:45pm	Hot Tub 5:00am – 7:45pm	Hot Tub 5:00am – 4:00pm 4:00pm–6:00pm - CLOSED 6:00pm – 7:45pm	Hot Tub 8:00am – 4:50pm

Lap Swim Limited Space, First Come First Serve

Effective September 7

:45

*****NOTE – Hot tub is closed every Friday from 4:00 – 6:00pm for weekly maintenance**

LAP LANE ETTIQUETTE

- Lap swimming is for proficient swimmers, **AGES 15 and over**, who can continuously swim the lap lanes. Those younger than the age of 15 must receive lifeguard approval.
- Swimmers are not permitted to swim repeated lengths of the pool underwater or swim along the bottom of the pool
- Choose from slow, moderate or fast lanes
- Notify all swimmers before entering the lane
- Enter from the right side in the shallow side of the pool
- Two swimmers in a lane may split the lane in half
- Maximum 3 swimmers in a lane must swim in a counter-clockwise circle
- Some strokes are slow. Please consider this in fast lanes or on crowded days
- Use the center of the lane for passing or at turn if lane is crowded
- Lifeguard has final authority on all lap swim rules and etiquette