



Spring Camp	YMCA of the Foothills Spring Camp 2026				
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
7:30-9:00	Check in Free Choice	Check in Free Choice	Check in Free Choice	Check in Free Choice	Check in Free Choice
9:00-9:45	Family group time	Outdoor Activity	Outdoor Activity	Outdoor Activity	Outdoor Activity
9:45-11:00	GYM	GYM	GYM	GYM	GYM
11:00-12:00	parachutes	paper bag kite craft	suncathers	spring painting	Dodgeball campers vs counselors
12:10-1:00	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
1:00-2:15	Strikerball	Pickleball	SWIM 1: 00pm-3pm	Relay race	SLIME TIME
3:00-4:00	Outdoor Activity	Outdoor Activity	Outdoor Activity	Outdoor Activity	Movie
4:00-5:00	Counselor's Choice	Counselor's Choice	Counselor's choice	Counselor's choice	
5:00-6:00	Free Choice	Free Choice	Free Choice	Free Choice	Free Choice
Special Reminders	Bring a sack lunch & snacks, closed-toed shoes, reusable water bottle, sunblock	Bring a sack lunch & snacks, closed-toed shoes, reusable water bottle, sunblock	Bring a sack lunch & snacks, closed-toed shoes, reusable water bottle, sunblock, swimsuit, and towel	Bring a sack lunch & snacks, closed-toed shoes, reusable water bottle, sunblock	Bring a sack lunch & snacks, closed-toed shoes, reusable water bottle, sunblock
Contact: Janette Ruiz Jrui@ymcafoothills.org					