

# REFORMER PILATES POLICIES

**EFFECTIVE MONDAY, FEBRUARY 13, 2023**

- Please notify your instructor of any medical considerations including past and present injuries, pregnancy, etc. that might require exercise modifications before the start of class.
- Reservations open **49 hours** prior to class time.
- To avoid being charged, cancellations **MUST** be done **14 hours** prior to class time!
- If you do not unregister for a class 14 hours in advance, **you will be charged for that class.**
- If you move from the waitlist to registered status you have a 12-hour window to cancel prior to the class or **you will be charged for that class.** If you are added to the class inside the 12-hour window and do not take the class, you will not be charged.
- When registered for a class, you **MUST** be ready and on your Reformer at the start of that class. **Your reformer will be forfeited 5 MINUTES after class begins.**
- No cell phones during class. If you have an emergency, please excuse yourself from class. Please be respectful of your fellow classmates and teacher!
- Stay for the entire class (this includes stretching!). If you have a special circumstance, let the instructor know before class starts and please grab a reformer by the exit.
- We highly recommend grip socks for all classes.
- Please note package prices will increase March 6<sup>th</sup>.