



FOR YOUTH DEVELOPMENT™
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

CRESCENTA-CAÑADA FAMILY YMCA GYM SCHEDULE

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5:00 AM - 9:00 AM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM		
9:00 AM - 12:00 PM	KINDERGYM/PARENT-TOT					Y-WINNERS	OPEN GYM
12:00 PM - 2:30 PM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	SPORTS	ALL DAY
2:30 PM - 6:00 PM	GYMNASICS					7:00 AM - 7:00 PM	10:00 AM - 6:00 PM
6:00 PM - 8:30 PM	Y-WINNERS SPORTS						
8:30 PM - 10:00 PM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM		
FACILITY HOURS	5:00 AM - 10:00 PM	5:00 AM - 10:00 PM	5:00 AM - 10:00 PM	5:00 AM - 10:00 PM	5:00 AM - 10:00 PM	7:00 AM - 7:00 PM	10:00 AM - 6:00 PM



For more information, contact Ana-Marie Schaefer at 818.790.0123, ext. 231